

Unshakeable Mind: Earthly to Heavenly Mindset

2 Corinthians 10:3-4

Ice Breaker: Memory game. Beginning with someone and go clockwise. Name a fruit or animal. The subsequent person has to name all previous animals (in sequence) and add his own animal. The game goes on until someone makes a mistake.

Aim of discussion: to have a mind of Christ.

Introduction:

2 Corinthians 10:3-4 NLT

- The battlefield is the mind. We walk in the flesh but we don't war in the flesh. We cannot afford to entertain a lie and we need to knock down the strongholds of human reasoning.

Stronghold - Like castles (mind castle from Sherlock Holmes)

<https://www.youtube.com/watch?v=0FSKTndbwVo>

- The enemy can rest deep in certain sections of our mind.

Mark 8 - Yeast of the Pharisees and Herod

1. Herod - Humanistic (self-focused)
 2. Pharisees - being religious but God is distant and powerless
- A little bit of wrong thinking will affect our lives.

How are we being influenced? Thinking carnally

James 3:15 NLT

For jealousy and selfishness are not God's kind of wisdom. Such things are earthly, unspiritual, and demonic.

- Selfish thoughts (human reasoning) progresses into demonic forms.
 - Matt 16:16-23. Peter goes from being praised, to being admonished by Jesus. This is in the setting of his human reasoning taking over and wanting to preserve Jesus' life. Jesus immediately says "get behind me satan" to Peter.
- God opposes the proud. This means that pride attracts the demonic.

Jesus deals with 3 mindsets of a disciple - Luke 9:57-61

1. A disciple of Jesus needs to be comfortable with being uncomfortable.

- That may mean our giving
- Don't be a "Pyjamas" congregation (those who just like to watch the sermon online instead of attending church physically)

2. A disciple is always willing to give up the things he cannot keep to gain the things he cannot lose (eternal things)

- Jesus wants us to re-prioritize our relationships to follow Christ.

3. Let go of the past

"If Christ is not in the center of our thinking, then we are practical atheists."

QUESTIONS:

1. Give example of strongholds in your mind. How did you deal with them?
2. What are the areas where you have been too comfortable lately? What are the changes you can make to be a disciple of Christ?
3. What are the human reasonings you have been entertaining for the last two weeks? How will you apply this study to help yourself?

Things to try:

- Take 5 minutes every night before you sleep and bring your thoughts to God. Remove yourself from any devices. Apply the “first word last word” method. (i.e. meditate on God’s word first thing in the morning and last thing before you sleep)
- Share with someone on the thoughts that you are struggling with and pray for each other. Be accountable with that person throughout the week, encouraging each other.