

## SERMON NOTES

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### INTIMACY (INTO ME SEE)

Intimacy with God and intimacy with one another

#### God Is There With You

Psalm 139:7-12 (ESV)

“Where shall I go from your Spirit?

Or where shall I flee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol, you are there! If I take the wings of the morning and dwell in the uttermost parts of the sea, even there your hand shall lead me, and your right hand shall hold me. If I say, “Surely the darkness shall cover me, and the light about me be night,” even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.”

Genesis 3:10 (ESV)

“And he said, “I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself.””

#### Practical Intimacy Training

“I know how to fly”

#### Topical Vs Relational Conversations

- Topical: Was going to the fair this weekend a good idea?
- Relational: What's really going on inside of us?

How did David build his intimacy with God?

#### 1. Repent

Repentance builds relationships.

Psalm 51:10-12 (ESV)

“Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence, and take not your Holy Spirit from me. Restore to me the joy of your salvation,

and uphold me with a willing spirit.”

## 2. Thank

Thank God for who He is.

When you are thankful, it changes the atmosphere in the home.

Psalm 138:1-3 (ESV)

“I give you thanks, O LORD, with my whole heart; before the gods I sing your praise; I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness, for you have exalted above all things your name and your word. On the day I called, you answered me; my strength of soul you increased.”

## 3. Trust

Relational conversations build trust.

Psalm 62:5-8 (ESV)

“For God alone, O my soul, wait in silence, for my hope is from him. He only is my rock and my salvation, my fortress; I shall not be shaken. On God rests my salvation and my glory; my mighty rock, my refuge is God. Trust in him at all times, O people; pour out your heart before him; God is a refuge for us. Selah”

## 4. Lament

Reveal your insides to God and allow God to pastor you through it. Share your heart.

Psalm 86:1-4 (ESV)

“Incline your ear, O LORD, and answer me, for I am poor and needy. Preserve my life, for I am godly; save your servant, who trusts in you—you are my God. Be gracious to me, O Lord, for to you do I cry all the day. Gladden the soul of your servant, for to you, O Lord, do I lift up my soul.”

- Take steps towards relational conversations
- Talk to your soul – direct your soul and point to the things of the spirit

Psalm 103:1-5 (ESV)

“Bless the LORD, O my soul, and all that is within me, bless his holy name! Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle’s.”