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| **SPIRITUAL DISCIPLINES WEEK 3** | | | | | | |
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|  | READING THE BIBLE | | | | |  |
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| If you eat healthy food every day, your body gets healthier.  But what about your spirit?  Feed your heart God’s Word to fill it with the healthy truth it needs! | |  |  | 2  POINTS | COMPLETE THIS ACTIVITY WITH YOUR FAMILY!  Look up each verse in the Bible. If it’s a real verse, draw a line from it to the mouth. If it’s not a real verse, mark it out. | |
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| 1  POINT | SAY THIS WEEK’S POINT FROM MEMORY!  Reading the Bible keeps your spirit healthy. | |
| 2  POINTS | SAY THIS WEEK’S BIBLE VERSE FROM MEMORY!  **Matthew 4:4 NLT** But Jesus told him, “… ‘People do not live by bread alone, but by every word that comes from the mouth of God.’’’ | |
|  | COMPLETE THIS BIBLE PLAN WITH YOUR FAMILY!  Train Your Spirit  [www.go2.lc/KonnectBiblePlan**s**](http://www.go2.lc/KonnectBiblePlans) | |
| Complete this Challenge Card with a parent and ask them to sign below.  Bring it to the class to get your points!  Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
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