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| **SPIRITUAL DISCIPLINES WEEK 3** |
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|  | READING THE BIBLE |  |
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| If you eat healthy food every day, your body gets healthier. But what about your spirit? Feed your heart God’s Word to fill it with the healthy truth it needs! |  |  | 2 POINTS | COMPLETE THIS ACTIVITY WITH YOUR FAMILY!Look up each verse in the Bible. If it’s a real verse, draw a line from it to the mouth. If it’s not a real verse, mark it out. |
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| 1 POINT | SAY THIS WEEK’S POINT FROM MEMORY!Reading the Bible keeps your spirit healthy. |
| 2 POINTS | SAY THIS WEEK’S BIBLE VERSE FROM MEMORY!**Matthew 4:4 NLT** But Jesus told him, “… ‘People do not live by bread alone, but by every word that comes from the mouth of God.’’’ |
|  | COMPLETE THIS BIBLE PLAN WITH YOUR FAMILY!Train Your Spirit [www.go2.lc/KonnectBiblePlan**s**](http://www.go2.lc/KonnectBiblePlans) |
| Complete this Challenge Card with a parent and ask them to sign below. Bring it to the class to get your points!Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
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