

I AM WHO I AM

El Shaddai - God Almighty

Genesis 17:1- 2

Icebreaker:

Do you know the meaning of your name? If so, what is it?

Aim of discussion:

- To understand the meaning of El Shaddai and apply this understanding to our relationship & daily walk with God.

Video:

https://www.youtube.com/watch?v=IAknj_nwhPk&t=25s

El Shaddai - God Almighty

- God revealed himself as El Shaddai-God Almighty, to Abram and established an everlasting covenant with him and his descendents.
- When we pray to El Shaddai, we invoke the name of the one for whom nothing is impossible.
- When Abram was ninety- nine years old, the Lord appeared to him and said, "I am God Almighty; walk before me and be blameless. I will confirm my covenant between me and you and will greatly increase your numbers."
- El Shaddai reveals God not only as the one who creates and maintains the universe but who initiates and maintains a covenant with his people.

"God is the God of both big and small things in our lives."

- Sometimes it's easier to believe in God's power on a grand scale – (creating the universe, sustaining it through time etc) than it is to believe in his power to keep one simple promise.

- No matter how tough life is, no power in heavens or earth can thwart his plan for us as long as we follow him.
- Rather than turning to yourself to solve the problem, why not turn to an all-powerful, almighty God, the only one able to help you find the way out?

Questions:

- 1. Why do you think God revealed his name when he established a covenant with Abraham and his descendants?**
- 2. What does the name, El Shaddai, God Almighty, mean for your life? How did you experience God's almighty power working on your behalf?**
- 3. Are there promises that God has put in your heart for a long time but yet to come to pass? Have you ever been tempted to doubt God's promises? How did you overcome it?**

Things to try:

1. Memorise God's promises in scripture.

The name of the Lord is a strong tower: the righteous run to it and are safe (Proverbs 18:10)

*I will make you into a great nations
And I will bless you;
I will name your name great,
And you will be a blessing.
I will bless those who bless you,
And whoever curses you I will curse;
And all peoples on earth
Will be blessed through you. (Genesis 12:2-3)*

2. Reflect on Psalm 91. Give praise to God because he is a refuge for those who are going through storms. Ask God to increase your trust in him in the days and months to come.

3. Declare the name El Shaddai over all the promises God has put in your heart. Confess all the doubts about God's ability to help you, and declare His sovereignty over your life.