

ADULT BINGO



BINGO RULES

- You can only tick off one activity a day
- You can complete any task in any order.
- Report your completion of activities through the link provided in the last week of the 40 Days
- You can swap out a maximum of 3 activities (that is, if it is logistically impossible to complete), keeping it within the same category.
- Anyone who completes the entire bingo sheet by the end of the 40 Days will get a reward at the end, and go in the draw to win one of the final major prizes.
- Anyone who completes more than 50% of the Bingo sheet by the end of the 40 days will go in the draw to win an encouragement prize

The Major prizes include:

1. A Nintendo switch (for those who complete the family bingo)
2. A family pass to Dream World (for two adults and two kids) (for those who complete the family bingo)
3. A \$100 movie voucher to Reading Cinemas (adult bingo)

Giving

If you wish to donate towards a meal for a healthcare worker (Help the Helping Hand) or coffees for the AEIOU, you can give online through iccb Brisbane.org/giving or direct transfer to the following account:

BSB: 034010
Acc no: 112087
Description: 40daysofkindness

Please note the contact people if you would like to participate in the following programs:

Food program--John Cruice 0466354065

Rekon/shelter--Ps Rolando 0405625773

MCC event (the Spring Blossom Festival on 19/3)
--William Cheah 0403280896

40 Days of Kindness

WHAT

An ICC initiative to inspire acts of kindness by extending God's love and generosity towards our family, friends, community, and ourselves.

WHEN

Tuesday 8th March – Sunday 17th April (Easter Sunday)
 Formal launch on Sunday 6th March

HOW

Day-to-day random acts of kindness – Bingo Sheet (Individual)
 Centrally-organised weekend events – Calendar

WHY

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

Uncertainty is all around us, never more so than today. Many people are in need of compassion and grace. Through acts of kindness, no matter big or small, we hope to demonstrate the love of Christ to those around us. It is a form of servant evangelism.

It is said, kindness is a language that the deaf can hear and the blind can see.

Kindness evangelism wins the heart before it confronts the mind. An act of kindness can nudge a person closer to God. As the Bible says, the kindness of God leads people to repentance. It also helps to not "just look at our own interests, but take an interest in others too" (Phil 2:4) Make a conscious decision to join the 40 days of kindness and bring light to people's world.

A B D I U N L G T O

Bless your neighbour with something	Give someone a genuine compliment	Pay for a stranger's groceries/meal	Call a family member who does not live with you	Start a Gratitude Jar	Pray for/Visit someone who is sick
Play a boardgame	Write a kind note to someone in your workplace	Offer to do someone's chores	Talk to someone on your commute	Pay/donate a meal for a frontline worker	Listen to calm worship music
Volunteer at MCC events	Send someone an encouraging message	Treat yourself to a nice meal	Volunteer at the ICC Food Program	Take someone out for coffee	Offer to help someone with a task
Hand out snack packs to your friends	Leave a thank you note	Teach someone a new skill	Go for a stroll in the park	Do a favour for someone	Deliver groceries or food to someone
Volunteer at Rekon/Shelter	Start a puzzle or art project	Participate in a fundraising activity	Donate to a local charity	Prepare a meal for your family	Babysit for free
Invite someone over for a meal	Let someone go in front of you in line	Exercise for 15mins	Buy a small gift for someone	Make a dessert for yourself	Spend time with a family member doing something they enjoy

Key:

Kindness to self

Kindness to Community

Kindness to family/friends