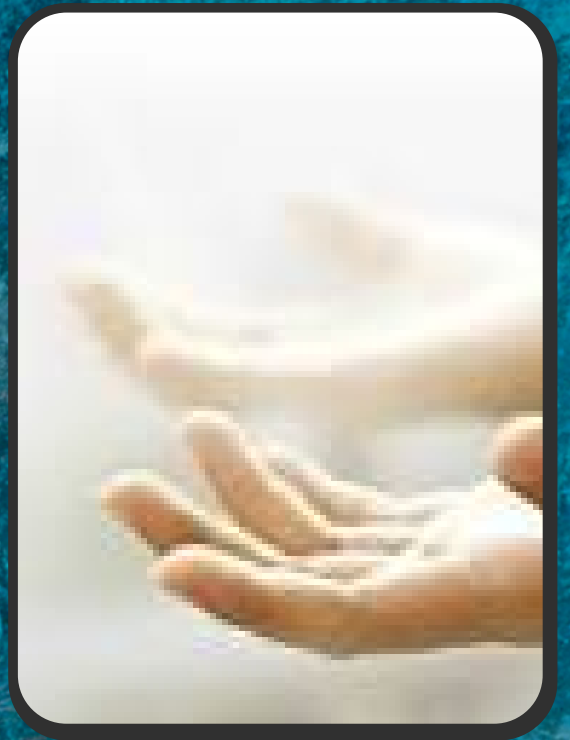


21 Days of Breakthrough Prayer and Fasting



**One person fasting is
powerful. It will affect
that individual.**

**But when a group of
people begin to fast, it
is multiplied strength
and power.**



Partnership

1 Chronicles 14: 11 So they went up to Baal Perazim, and David defeated them there. Then David said, "God has broken through my enemies by my hand like a breakthrough of water." Therefore they called the name of that place Baal Perazim.

Our God is the God of breakthrough. Here David says, "God has broken through my enemies by my hand like a breakthrough of water".

"By my hand" meaning there are things we need to do to be in partnership with God for the breakthrough.

When the Philistines heard that David has been anointed as king over all Israel, they mobilised all their forces to capture him. The opposition and resistance from the enemy is often the strongest before a breakthrough. The first thing that David did was to "inquire" or "ask" God.

Today, as you begin your prayer and fasting, ask God, "What do you want me to do in partnership with you to see the breakthrough?" If you have not heard anything specific, continue to pray, fast and give.

Prayer

Father, I thank you that you are the God of breakthrough. I believe you will breakthrough my enemies like a raging flood. Lord, reveal anything specific that I need to do to partner with you in this season of breakthrough





Reward

Hebrews 11:6 But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

The Bible says God rewards those who diligently seek Him. Sometimes we may seek and not find. There are times when we pray, we may not sense a breakthrough or a tangible presence of God. But there is a reward for being diligent. The Greek word for "diligent" means to "zealously seek for something with all of one's heart, strength and might".

Jesus also mentioned the reward when he taught the disciples to pray, fast and give. He said repeatedly "And your Father, who sees everything, will reward you" (Matthew 6:6, 6:18).

In this season, be relentless, unbending in your discipline, commitment and determination to seek His face. Your consistency and faithfulness will push the power of Hell aside and obtain the reward of breakthrough.

Prayer

Lord, help me to seek you diligently and I claim that reward that you promised.





Desire

Psalm 42:1-2 As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God?

To seek God diligently is not a task, a routine for the Psalmist. It was a real desperation. Here he describes his longing for God as a deer that pants for the streams of water. Imagine a deer running through the woods, literally dying of thirst. Frantically searching for a stream to drink from. Water is life. The Psalmist was expressing how he so desperately needs God. That he could not live another moment without the presence of God. Such desperation invites the attention of God. Deep calls to the deep (Psalm 42:7).

During this season of prayer and fasting, may God deepen our hunger and desire for him. May our hunger and desire for God be much more than the hunger and desire for worldly things. As Jesus said, "men shall not live by bread alone, but by every word that proceeds from the mouth of God".

Prayer

Father, I pray for a fresh hunger and desire to seek you and to study your word.





Submit

James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.

You may feel that the Devil has been on your case. The Good News is that if you submit yourself to God and resist the devil, he will flee from you.

The first key is to submit to God. To submit to God is to bring our will, our desires, our life into alignment to the will of God. Prayer is not a vending machine or Aladdin's lamp. Some people think by saying certain words or by fasting, God will appear like the Genie and grant the wishes we have. Prayer is coming into alignment with God's will and God's ways. He wants to bless us and give us life more abundantly.

The second key is to resist the devil. The word "resist" means to stand in opposition, to defy the operation of someone or something. That's an aggression in spirit and posture. We need to resist the work of the evil one in our lives, our family, our finances, and disallow the work of darkness to continue. Apathy, passivity and denial will not lead to breakthrough.

Prayer

Lord, I bring my life into submission to you. Help me to align my heart attitudes, my desires, my dreams, my agenda to your will and your kingdom agenda. I resist every work of darkness in my life, my thinking, my emotions, my family, my children, and command it to go completely.





Humility

Matthew 5:3 God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs.

The first beatitude teaches us that there is a blessing or happiness that comes when we realize our need for God. This speaks of humility. Humility is a choice. James says "Humble yourselves under the mighty hand of God, and at the right time he will lift you up in honour". Humility is opposite of self-sufficiency. It is a total dependence on God.

A lifestyle of prayerlessness is a declaration that "I can live my life apart from that dependence on Him". Let us pray and fast as an act of humility before God.

Also ask God to forgive us of our pride and any stubbornness in our lives.

Prayer

Father, forgive me for my pride. I humble myself before you and ask that you will pour out your strength and grace upon my life.





Return

Joel 2:12 "Even now," declares the Lord, "return to me with all your heart, with fasting and weeping and mourning."

God is calling us to return to Him. Return to Him with all our heart. God sees our hearts. Is your heart distracted, divided or devoted? To return is to go back - to go back to the original design, to reset, to recalibrate, to renew. As His children, God has designed and wired us for intimacy with him. This is a season to come back into that intimacy with Him.

In Luke, the gospel writer contrasted the two sisters, Mary and Martha. When Jesus visited their home, Martha was busy preparing a meal. Jesus said to her, "Martha, Martha, you are worried and upset about many things, but few things are needed, indeed only one and Mary has chosen what is better." Jesus did not rebuke Martha for serving, he simply pointed out that there is one thing more needful - which is to spend time with Him.

During this period of prayer and fasting, don't just skip a meal but use that time to pray or read his word.

Prayer

Lord, help me to be like Mary to choose what is more needful. Help me to return to you with all my heart.





Build an altar

Genesis 28:17-19 He was afraid and said, "How awesome is this place! This is none other than the house of God; this is the gate of heaven." Early the next morning Jacob took the stone he had placed under his head and set it up as a pillar and poured oil on top of it. He called that place Bethel, though the city used to be called Luz.

Jacob built an altar in Bethel. An altar is a place of interaction with God. It is a portal into the spiritual dimension. Here, Jacob had a vision of angels going up and down a stairway from heaven. He realized it was a gate of heaven.

An altar is built through consistency. Jacob's grandfather built the altar there years ago and Jacob now revisited the place. Through consistency a portal is opened up even in that geographical location.

We can build an altar in our individual life, in our family and in our church through consistently coming into that place and time to meet with God. For example, praying consistently at a certain time in the morning in our living room, etc.

Prayer

Father, I pray that during this 21 days of breakthrough prayer and fasting, help me to build an altar of prayer in my family.

