"Man's nature, so to speak, is a perpetual factory of idols. Every one of us is, even from his mother's womb, a master craftsman of idols." ~ John Calvin (Theologian)

As we begin our 14 days of prayer & fasting, it's important that we approach God, who is holy, with repentant hearts. Repentance is a turning away from things that displeases God and turning back to him. It can also mean we cease striving to achieve things in our own strength and ways. Like King David who transported the ark on a cart pulled by oxen, so many of us are influenced by, and copy, the ways and thinking of the world.

In Psalm 24, King David declares - Who shall ascend the hill of the LORD? And who shall stand in his holy place? He who has clean hands and a pure heart, who does not lift up his soul to what is false and does not swear deceitfully. He will receive blessing from the LORD and righteousness from the God of his salvation. Such is the generation of those who seek him, who seek the face of the God of Jacob.

As we begin our fast, let's turn back to God and make room for our King (give him our time, talents, and treasure). Jesus must take his rightful place at the centre of our lives, otherwise he is not Lord and King.

Let's not just repent of any wrong words, actions, behaviours but also remove any idols in our hearts. Let us also, turn from any lies - any negative thought patterns that we repeat in our minds that do not align with the truth of God's loving word. If we confess our sins, he is faithful and just and will forgive us! Thank you Lord for your mercy, kindness and grace.

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