'Never Forget the Good Things (His Goodness)'

I recently shared a Facebook post that read: 5 Important Guidelines:

- 1. When you are alone mind your thoughts.
- 2. When you are with your friends (or people) mind your tongue.
- 3. When you are angry, mind your temper.
- 4. When you are in trouble, mind your emotions.
- 5. When God blesses you, mind your ego.

Satan wants to control our mind. The Holy Spirit also wants to control our mind, but He never forces himself on us. It is our choice. He leads us in the right direction by convicting us when we are thinking wrong thoughts. We then have the choice to cast down the wrong thoughts and think on something that will bear good fruit - (this is where we learn to cultivate the good soil in our hearts, so that God's word can produce a harvest 30, 60, 100 times more).

Philippians 4:8 says "FIX your thoughts on what is TRUE, and honorable, and right, and pure, and LOVELY, and admirable. Think about things that are excellent and worthy of praise."

In Psalms 19:14, the Psalmist prays, 'Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my [firm] Rock and Redeemer.' Notice that he mentions the MIND and the MOUTH work together. Many people try to control their mouth, but do nothing about their thoughts. That's like pulling the top off a weed while leaving the root still in the ground - the weed will always grow back.

We can start off our day by REMEMBERING the good things and blessings, and being thankful to God for them.

Let's declare and PRAY OUT ALOUD Psalm 103:1-18 NLT -

- [1] Let all that I am praise the LORD; with my whole heart, I will praise his holy name.
- [2] Let all that I am praise the LORD; may I never forget the good things he does for me.
- [3] He forgives all my sins and heals all my diseases.

- [4] He redeems me from death and crowns me with love and tender mercies.
- [5] He fills my life with good things. My youth is renewed like the eagle's!
- [6] The LORD gives righteousness and justice to all who are treated unfairly.
- [7] He revealed his character to Moses and his deeds to the people of Israel.
- [8] The LORD is compassionate and merciful, slow to get angry and filled with unfailing love.
- [9] He will not constantly accuse us, nor remain angry forever.
- [10] He does not punish us for all our sins; he does not deal harshly with us, as we deserve.
- [11] For his unfailing love toward those who fear him is as great as the height of the heavens above the earth.
- [12] He has removed our sins as far from us as the east is from the west.
- [13] The LORD is like a father to his children, tender and compassionate to those who fear him.
- [14] For he knows how weak we are; he remembers we are only dust.
- [15] Our days on earth are like grass; like wildflowers, we bloom and die.
- [16] The wind blows, and we are gone- as though we had never been here.
- [17] But the love of the LORD remains forever with those who fear him. His salvation extends to the children's children
- [18] of those who are faithful to his covenant, of those who obey his commandments!

We love you Jesus!

God bless you, see you this Vision Sunday @ICC 9am & 5pm.

Link to all devotionals: iccbrisbane.org/journaling